

Multiday Retreat

Custom | \$10,000 +

A fully customizable regenerative retreat for leadership teams ready to deepen alignment and embody their company's core values. Each day weaves guided experiences with ample space for integration, nature, and reflection.

Perfect for: Leadership transitions, milestone offsites, or culture renewal retreats.

Includes: All facilitation materials, sound setup, and follow-up integration prompts.

Travel and lodging for one person will be provided by the client if outside Austin, TX.

Meals will be provided by the client.

Day 1: Create

- Arrival welcome ritual
- Team Activation Series
- Creative Visioning Lab
- Evening reflection circle

Day 2: Share

- Morning mindfulness walk
- Jeffersonian Lunch
- Story Exchange Exercise
- Group tonings

Day 3: Connect

- IFS-inspired partner understanding
- Sound Healing & Integration
 Journey
- Closing Resonance Circle
- Farewell brunch

These schedules are provided as a framework.

The final experience will be fully customized to your needs.